

District of Columbia Commission on Aging

AGING TODAY

December 2011/January 2012



COMMISSION MEMBERS

- WARD ONE**
Jacqueline C. Arguelles,
Chairperson
Brenda Williams
- WARD TWO**
Ron Swanda
- WARD THREE**
Ruth Nadel
Nathaniel Wilson
- WARD FOUR**
Samuel E. McCoy
- WARD FIVE**
Constance Fields
Romaine Thomas
- WARD SIX**
Don Colodny
Charles Hicks
- WARD SEVEN**
Elfrida R. Foy
- WARD EIGHT**
Alethea Campbell,
Vice Chairperson

News

- ▶ **Wal-Mart two additional stores** 5
- ▶ **Senior Village Engagement** 9
- ▶ **Flu Shot Alert from Health** 7
- ▶ **State Plan on Aging** 5
- ▶ **A new location for Aging**
- ▶ **State Plan on Aging** 4
- ▶ **Medicare Open Season Changes** 7
- ▶ **DC Ambassador Program** 3
- ▶ **Social Security COLA in 2012** 2
- ▶ **Senior Village Initiative** 9

Special Alerts

- ▶ **PEPCO new payment center** 4
- ▶ **Coping with the Holiday Blues** 15

Holiday/Seasonal Events

- ▶ **Food Drive Help** 8
- ▶ **Help for Seniors during Holiday** 8
- ▶ **Seniors Holiday - Dec 8** 3
- ▶ **Seniors Boat Ride - Dec 29** 9
- ▶ **For Your Health Fair** 15

Other Alerts/Information

- ▶
- ▶ **Cold Weather Response-Govt** 10
- ▶ **Cold Weather Response-Utility** 11
- Management Change** 11
- ▶ **World AIDS Day-Dec 1** 5
- ▶ **Senior Fire Safety at Home** 13

SPECIAL ALERT

**SOCIAL SECURITY ANNOUNCES 3.6 PERCENT BENEFIT INCREASE FOR 2012
COST-OF-LIVING
ADJUSTMENT IS FIRST SINCE 2009**

Monthly Social Security and Supplemental Security Income (SSI) benefits for more than 60 million Americans will increase 3.6 percent in 2012 according to the Social Security Administration.

The 3.6 percent cost-of-living adjustment (COLA) will begin with benefits that nearly 55 million Social Security beneficiaries receive in January 2012. Increased payments to more than 8 million SSI beneficiaries will begin on December 30, 2011.

Some other changes that take effect in January of each year are based on the increase in average wages. Based on that increase, the maximum amount of earnings subject to the Social Security tax (taxable maximum) will increase to \$110,100 from \$106,800. Of the estimated 161 million workers who will pay Social Security taxes in 2012, about 10 million will pay higher taxes as a result of the increase in the taxable maximum.

For some beneficiaries, their Social Security increase may be partially or completely offset by increases in Medicare premiums.

DC OFFICE ON AGING (DCOA) AMBASSADOR PROGRAM

In early February 2012, DCOA will unveil its Ambassador Program. The purpose of the program is to increase the public's awareness about the programs and services offered by the agency. As part of the program, DCOA will facilitate training that covers all federally and locally funded programs for seniors, persons with disabilities, and family caregivers. Those individuals who complete the training will be recognized as DCOA Ambassadors and will be equipped with the knowledge to tell others about the agency services. DCOA leadership anticipates that this program will ensure that an increased number of constituents are directed to the agency for the much needed services that will help them to lead quality and productive lives in the community.

If you are interested in becoming a DCOA Ambassador, please call us at 202-724-5622. We look forward to your participation in the February 2012 training!

NEW STATE PLAN ON AGING IN DEVELOPMENT

The Office on Aging has begun the process to develop and complete the District of Columbia State Plan on Aging for FY 2013-2015. We are planning to engage community stakeholders focus groups and through meetings to get their input in the Plan. DCOA will meet in early December to established timelines for the completion of this plan.

Medicare Open Enrollment: October 15 - December 7, 2011

This marks the time when eligible beneficiaries can sign up for Medicare prescription drug coverage – Part D – for the first time or to switch to a plan that better meets their needs. This year the open enrollment period goes through December 7.

SPECIAL EVENTS

Join Mayor Gray, Office on Aging and Family Matters of Greater Washington

14TH ANNUAL D.C. Senior Citizens Holiday Celebration “Seniors at Home and Safe for the Holiday”

Wednesday, December 8, 2010

DC Armory, 2001 East Capitol Street SE

Washington, D.C. 20003

10 am – 2 pm

202-724-5626 tickets required

Health screenings and immunizations, lunch, information and assistance exhibitors, entertainment, hand dancing, live band. A special surprise entertainment by a popular Old School Rhythm and Blues Band.

HEARING ON HIV EDUCATION FOR SENIORS

On Thursday, December 1, 2011 the Committee on Health will be holding public hearings at 2 pm in Room 500 in Wilson Bldg. on issues related to HIV and AIDS in the District of Columbia.
B19-510 and B19-524

The “HIV/AIDS Continuing Medical Education Amendment Act of 2011” and B19-524, the “Senior HIV/AIDS Education and Outreach Program Establishment Act of 2011”. The purpose of B19-510 is to incorporate HIV/AIDS education into ongoing continuing education requirements for physicians, physicians’ assistants, and nurses. The purpose of B19-524 is to establish a peer-to-peer HIV/AIDS educational outreach program for seniors within the Department of Health. If anyone is interested in testifying at the public hearing at 2:00pm that day, please contact me at jantista@dccouncil.us or 202-724-8170.

New Washington Gas Customer Payment Center Opens

Washington Gas has opened up their new customer walk-in office and payment center at 1100 H Street, NW, First Floor, near the Metro Center Metro stop. Customers will still be able to go to their Anacostia customer payment center, 3101 Martin Luther King Jr. Avenue, SE, which will remain open during its normal business hours, 8:00 a.m. – 4:00 p.m.

Washington Gas has informed customers of this change of location via newspaper, billing inserts and signage at both of their District of Columbia customer care locations. If you have any questions regarding this move, please feel free to contact the Company's Customer Service at 703-750-1000. Additional information can be found on the Washington Gas website at www.washgas.com

OPC Can Assist Consumers In Making Payment Arrangements With Utilities, But Cannot Provide Monetary Assistance For Bill Payments

Recently, OPC has received a number of telephone calls from utility consumers requesting OPC either provide funds for the payment of utility bills or establish payment arrangements.

OPC is the statutory advocate for the District's residential utility consumers. In this role, OPC is authorized to assist DC residential utility consumers in resolving individual complaints regarding billing and service-related issues against utilities regulated by the DC Public Service Commission, primarily, Pepco, Washington Gas and Verizon. In assisting consumers with billing-related issues, OPC can advocate for a payment arrangement on behalf of a utility consumer, but it is the utility company that must agree to establish a payment arrangement.

Please note that the Office does not dispense any funds to assist consumers with utility bill payments. If consumers need financial assistance with their utility bills, they should contact the District Department of the Environment's (DDOE) Energy Division. Financial assistance is based upon federal income requirement guidelines. Please contact DDOE at (202) 535-2600 or via email at ddoe@opc-dc.gov. Some social service agencies also provide limited assistance to utility consumers based on their program criteria.

NEWS

WAL-MART NOW PLANS TO OPEN SIX STORES IN D.C. TWO MORE THAN ORIGINALLY PLANNED



Here's what the Fort Totten Square Wal-Mart will look like. (Image courtesy of Wal-Mart)

Wal-Mart said in a news release the newest locations would be at the Skyland Town Center in Southeast and at Fort Totten Square in Northeast. Both stores will sell groceries, including organic foods, and will have pharmacies.

The Skyland Town Center store will be part of a high-density, mixed-use redevelopment project. The Fort Totten Square Wal-Mart will be part of a mixed-use development that will include 350 apartments. According to Wal-Mart, the stores will create a combined total of 1,800 retail jobs and 600 construction jobs.

The new locations mean the District is planning to house six new Wal-Mart locations:

- Ward 4: Georgia and Missouri Avenue NW
- Ward 4: Riggs Road NE and South Dakota Avenue NE
- Ward 5: New York Avenue and Bladensburg Road NE
- Ward 6: 801 New Jersey Avenue NW
- Ward 7: Capitol Heights (East Capitol Street and 58th)
- Ward 7: Good Hope Road and Alabama Avenue SE

Seniors Need to Pay Attention to World AIDS Day, Dec. 1

The United Nations' (UN) World AIDS Day is held on December 1 each year to honor the victims of the AIDS pandemic and focus attention on the prevention and treatment of HIV and AIDS related condition. Seniors need to be aware of the growing number of older adults and seniors living with HIV. In two years, the majority of persons living in the United States with HIV will be over 50. DC Health Department has been working with senior organizations, advocates and others including the DC Commission on Aging in developing educational materials targeting seniors

NEWS

DC HOME FOR AGING



NEW LOCATION

THE OFFICE ON AGING HAS RELOCATED TO
HAYES SENIOR WELLNESS CENTER
500 K STREET N.E.
WASHINGTON D.C. 20002

This historically renovated former elementary school will be the administrative headquarters for the D.C. Office on Aging and a wellness center program which will include a fitness and exercise rooms; a massage therapy room; a computer training center; multipurpose classroom for health education, nutrition counseling, lectures and seminars; and a nutrition demonstration kitchen.

The center is on a major bus line – D8- Washington Hospital/Union Station and D3 and D4- Ivy City/Glover Park. The Center is 5 blocks from Red Line Gallaudet University and 6 blocks from Union Station.

NEW CHANGES FOR SERVICES

THE LEAD AGENCY FOR WARDS:

Family Matters of Greater Washington – Ward 8
(202) 562-6860

Family Matters of Greater Washington - Ward 2
(202) 289-1510 (temporary)

Terrific Inc – Ward 1
(202) 234-4128 (New Number)

The current program sites and services that are managed by the previous lead agency will be maintained. This was effective on October 1, 2011

As lead agency, they are providing case management services for frail and vulnerable elderly, help with social services, recreation and socialization activities, congregate meal program sites and meals for the homebound, transportation for activities and medical appointments, special events, health/nutrition education and information and assistance to seniors 60 years+ and their caregivers.

HEALTH

DC Department of Health Reminds Residents to Get Vaccinated Against the Flu

(The DC Department of Health (DOH) reminds all residents that, October was the official start of flu season. Every year over 200,000 people are hospitalized in the United States due to complications from the flu. The only way to be fully protected is to get the seasonal flu vaccine at the start of the new flu season.

Residents seeking the vaccine are encouraged to contact their primary care physician and can also find the vaccine at some local pharmacies or grocery stores.

The DOH Community Health Administration Immunization Program makes it easy for you to find a provider in your neighborhood. This page contains a directory by ward that can provide immunizations for free to Medicaid-covered, underinsured and uninsured individuals. Please select one of the preferred wards to view the list of providers
Phone: (202) 442-5925 or DOH web site doh.dc.gov and click on immunization or to locate local pharmacies and grocery stores carrying the flu vaccine, visit <http://www.flu.gov/widgets/vaccinefinder.html>.

MEDICARE PREMIUMS, DEDUCTIBLES FOR 2011

What will be the basic Medicare Part B Premium in 2012?

In 2012, the basic Medicare Part B premium will rise to **\$99.90** per month, up from the current amount of \$96.40. But this will be an apparent reduction for seniors who first enrolled in 2010 or 2011.

Higher Income seniors will still have to pay a significantly larger Part B premium if their modified adjusted gross incomes for 2010 exceeded \$170,000 for married filing joint taxpayers and \$85,000 for single filing taxpayers. Furthermore, another burden on Higher Income Seniors will be that they will also "owe a surcharge on Part D premiums for coverage of their Prescription drug costs."

In 2012, all beneficiaries will have access to Medicare-covered preventive services without paying a co-pay or deductible, including an Annual Wellness Visit with their physicians. Those who reach the donut hole will enjoy deep discounts on brand name drugs and expanded coverage for generic drugs under provisions of the Affordable Care Act.

Medicare Open Enrollment: October 15 - December 7, 2011

Helping Seniors During Holidays

There are many ways you can help seniors during the holidays as well throughout the year. Some of the ways:

- Collect non-perishable food items for food pantries
- give gifts or money,
- prepare and/or deliver special hot meal,
- invite to dinner.

Contact Office on Aging for a list of senior service network Agencies you can help at (202) 724-5626

HOLIDAY HELP

Donate and/or volunteer with Nonprofits for the Holidays

Capital Area Food Bank, 202-526-5344, 646 Taylor Street NE

Feeds the hungry in the Washington metropolitan area through a network of feeding programs.

DC Central Kitchen, 202-234-0707, 425 2nd Street NW

Safely recovers unserved food from food service businesses to feed children and adults at social service agencies throughout the metro DC area.

Food and Friends, 202-269-2277, 219 Riggs Road NE

Prepares, packages, and delivers meals and groceries to more than 1,100 people living with HIV/AIDS and other life-challenging illnesses, such as breast and lung cancer.

Martha's Table, Inc, 202-328-6608, 2114 14th Street NW

Provides nutritious meals and supervised learning and literacy activities to low-income and homeless children, families, and individuals.

Miriam's Kitchen, 202-452-8926, 2401 Virginia Avenue NW

Serves a hot, nutritious breakfast each weekday morning to 150.

Salvation Army DC Metro Area, 202-269-6333, 2100 New York Avenue NE

Offers homeless feeding programs.

Bread for the Soul, 202-421-8608

Holiday food baskets for families impacted by HIV

Holiday Dinner Baskets 202-797-8806 X1306. SO Others May Eat (SOME) are in need of volunteers to help deliver baskets on December 17
Call Jenna at jjones@some.org

COMMISSION ON AGING ENGAGED IN SENIOR VILLAGE INITIATIVE

DC Commission on Aging and Mini Commission joined the DC Office on Aging at a community engagement meeting as a first step in engaging East of River Community to establish more senior villages to address the unmet needs of low and moderate senior and adult residents with disabilities. The participants included East of the River civic, social, business and service groups and organizations. A work group will be established on how best to implement recommendations suggested by the community. There are currently a dozen senior villages operating in Washington D.C.

WHAT IS A SENIOR VILLAGE?

A Village is a neighborhood-based nonprofit membership organization, supported by volunteers. A Village makes it easier for older neighbors to keep living safely, comfortably and actively in their own homes and connected with their neighbors.

HOW DOES A VILLAGE WORK?

Members continue to live in their homes. They can get together for parties, parties, picnics, happy hours, and visits to local theatrical, music and art venues. Volunteers offer free services that can range from rides to and from medical appointments, prescription pick-ups, yard clean-ups, and simple handyman repairs, to help with groceries or changing light bulbs in ceiling fixtures, and reading to the visually impaired. Villages also help their members find useful community resources and reliable professionals and licensed vendors. Villages do not provide medical services. They typically offer some services not offered by D.C. Office on Aging Lead Agencies.

SENIORS CRUISING ON THE POTOMAC

|
The Cruise has been rescheduled for Thursday, December 29, 2011.

Payments should be in the form of a cashier's check or money made out to DC Treasurer. Please be sure your name, address and signature are on the payment(s).

Before dropping off your payment(s) please call me, Jennifer Hamilton, on (202) 664-7153 or send me an e-mail so that we can schedule a date/time. My office is located at: Columbia Heights Community Center 1480 Girard Street, NW, Suite 420. Payment(s) last due date is Wednesday, December 21st, 2011 no later than 12 noon.

I hope to see you on the Senior Holiday Jingle Bells Luncheon Cruise!

SPECIAL ALERT

COLD ALERT RESPONSE FOR SENIORS

Once a cold or winter weather emergency has been given, seniors are urged to listen to the broadcast media about the weather conditions. Seniors are urged to follow certain protective measures including: staying in warm places; wearing several layers of dry clothing; wearing a windproof outer layer; heavy socks; boots or shoes with insulation and lining; a hat and mittens when outdoors; reschedule appointments if possible; taking a warm bath or shower; and drinking plenty of non-alcoholic liquids. In addition, seniors should keep the heat on, even if it is at a low level, to prevent pipes from freezing. The following are other helpful community resources to be utilized during the cold weather alert:

IMMEDIATE EMERGENCY RESPONSE

- **Emergency Assistance** **911**

In a life threatening situation contact for Police, Fire and ambulance services. There is a charge for DC ambulance transportation to health care facilities. Medicare Part A recipients can be reimbursed.

- **Hypothermia/Shelter Hotline** **(202) 399-7093 or (800) 535-7252**

The hotline offers assistance to persons in need of overnight shelter and support for those living in the streets. Open 24 hours a day, 7 days a week.

GOVERNMENT ASSISTANCE

- **DC Consumer and Regulatory Affairs** **(202) 442-9557**

If the heating system is not working in your rental apartment building, notify the property management. If you do not receive a response, you may be able to call the Housing Inspections Office for assistance during business hours.

- **DC Call Center** **(202) 311**

To report public streets that needs snow and ice clearing, and removal. Also, the main number for DC. Residents to call to report a problem or violation, offer feedback to the Mayor, or obtain government information.

- **Homeland Security and Emergency Management Agency** **(202) 727-6161**

This office can give you information about shelters, where to get blankets, heaters, and oil and who to contact for other assistance also for non medical emergency assistance and service information after hours, holidays and weekends. Open 24 hours a day, 7 days a week.

- **D.C. Energy Office Hotline** **(202) 673-6750 or (202) 311 to set up appointment**

The hotline is available Monday through Friday 8:15 a.m. to 4:45 p.m. and offers information and financial assistance with utilities. DDOE helps eligible District residents pay heating and cooling bills Emergency energy assistance is available to low-income District residents who have received a disconnection notice for electric or gas service, or are currently disconnected. Assistance is also available to residents without home heating oil. The amount of assistance is based on household size, total household income, heating source, and type of dwelling.

SPECIAL ALERT

COLD ALERT RESPONSE FOR SENIORS: UTILITIES

UTILITY EMERGENCY REPAIR

- **PEPCO** (202) 833-7500

To report electrical power outage in your residence. Also, let them know if there are persons in your household with health problems.

- **Washington Gas** (703) 750-1400

To report gas leakage or outage in your residence. Also, let them know if there are persons in your household with health problems.

- **DC Water and Sewer Authority** (202) 612-3400

Call to report any water problems including bursting of pipes (24 hours a day)

- **Comcast Cable** (202) 635-5100

To report cable television outage.

EMERGENCY RESOURCES AND INFORMATION

- **Yellow Pages** 411

If your heat goes out inside your private residence, check the yellow pages or call directory assistance for listing of heating contractors.

HOW TO APPLY FOR UTILITY HELP

Regular Assistance (Your electricity has *not* been disconnected.)

- Check the income guidelines below to make sure you qualify.
- Set up an appointment by calling **311**.
- Gather the following documents for your appointment:
 - Recent copies of your utility bills.
 - A recent payroll stub or other proof that shows your current gross income for the last 30 days.
 - Documentation showing income from Social Security, Unemployment Insurance, Pension Funds, disability, etc.
 - Proof of total members living in your household (ex., government issued ID, birth certificates, school records, etc.).
 - Social Security cards (or government issued document with SSN number such as a paycheck stub, TANF or SS award letter) for all persons living in your household.
 - Proof of U.S. citizenship or permanent residence.
 - Government issued photo identification.
- Benefits may not be applied to accounts before January 7, 2012. Applicants should allow at least 2 billing cycles before the credit will appear on their bill. Applicants must continue to pay the utility bill to avoid disconnection.

Emergency Assistance (Your electricity *has* been disconnected.)

- An appointment is not necessary.
- **New:** Starting November 7, 2011 LIHEAP appointments will begin for energy assistance (LIHEAP) with the home heating bill and emergency LIHEAP energy assistance is available without an appointment; Residents can walk in with proof of their cut off and all required documents needed to verify income and SSN for all family members. Visit your local service center:
- 1207 Taylor Street NW Wash DC 20011 (serves Wards 1,2,3,4 &5)
- 2100 Martin Luther King Avenue SE (serves Wards 6,7 &8)

Announcements

SENIORS FIRE SAFETY AT HOME FOR THE HOLIDAYS

- You can help to keep seniors and others safe and avoid holiday fire damage if you follow these holiday fire safety tips:
 1. Install smoke detectors; change the batteries every year. Install carbon monoxide detectors and make sure those batteries are fresh too.
 2. If you use your fireplace, make sure to use a fireplace screen.
 3. Never burn wrapping paper, boxes or other trash in your fireplace.
 4. Don't leave a fire unattended; put the fire out before you go to bed.
 5. Candles are beautiful, but make sure they are in stable and secure holders and keep them away from combustible materials and small children. Never leave candles unattended.
 6. If you have a real Christmas tree, put it in a stable stand, and keep it fresh by checking the water level daily. A dried tree is more susceptible to fire. Keep the tree away from heat sources that could dry it out. Most trees dry out in two weeks, so don't leave your tree up long past the holidays.
 7. Check holiday lights for cracked or broken bulbs, frayed wires and loose plugs. Don't use lights that aren't safe.
 8. Use lights that have been approved by testing labs like Underwriters Laboratory (UL) or Factory Mutual (FM).
 9. Use lights only in their designated areas; never use "indoor only" lights outdoors.
 10. If your smoke, fire, or carbon monoxide detectors go off, get everyone outside and call 911. Don't try to solve the problem yourself.
 11. Before senior friends and family come to visit for the holidays, take a look around the home and try to eliminate any tripping hazards like loose floor mats, shaky railings or stray phone and electrical cords.
 12. For older parents or relatives that don't have in home senior care, check to make sure that their utility bills is being paid on time. Lack of heat, electricity and water can be deadly in the winter in colder climates. Contact someone in the area, whether a neighbor or family friend, to shovel the front walk if it snows and put down rock salt if it is icy.
 13. When the power goes out locally, check on elderly neighbors to see that they are warm and dry. If not, suggest they come over for a visit where you can bundle them up in blankets and make sure they have something to eat.

COPING WITH THE HOLIDAY BLUES

The holiday season can be a time full of joy, cheer, parties and family gatherings. But for many people, it is a time of self-evaluation, loneliness, reflection on past failures and anxiety about an uncertain future.

Many factors can cause the “holiday blues”: stress, fatigue, unrealistic expectations, over-commercialization, financial constraints, and the inability to be with one’s family and friends. For many seniors who live alone, far from family and friends, empty nesters, it can cause a sense of isolation and uselessness. The demands of shopping, parties, family reunions and house guests also contribute to feelings of tension. People may also develop other stress responses such as headaches, excessive drinking, over-eating and difficulty sleeping. Even more people experience post-holiday let down after January 1. This can result from disappointments during the preceding months compounded by the excess fatigue and stress.

Coping with Stress & Depression during the Holidays

- Keep expectations for the holiday season manageable. Try to set realistic goals for yourself. Pace yourself. Organize your time. Make a list and prioritize the important activities.
- Be realistic about what you can and cannot do. Don’t put the entire focus on just one day (i.e., Thanksgiving Day). Remember that it’s a season of holiday sentiment, and activities can be spread out to lessen stress and increase enjoyment.
- Attend holiday celebrations for seniors. You may meet new friends and reconnect with old ones.
- Remember the holiday season does not banish reasons for feeling sad or lonely; there is room for these feelings to be present, even if the person chooses not to express them.
- Leave “yesteryear” in the past and look toward the future. Life brings changes. Each season is different and can be enjoyed in its own way. Don’t set yourself up in comparing today with the “good ol’ days.”
- Do something for someone else. Try volunteering some of your time to help others.
- Enjoy activities that are free, such as taking a drive to look at holiday decorations, going window shopping or making a snowperson with children.
- Be aware that excessive drinking will only increase your feelings of depression.
- Try something new. Celebrate the holidays in a new way.
- Spend time with supportive and caring people. Reach out and make new friends, or contact someone you haven’t heard from in a while.
- Save time for yourself! Recharge your batteries! Let others share in the responsibility of planning activities.

FOR YOUR HEALTH

NBC4 Health & Fitness Expo Welcome to Our 19th Expo!

The 2012 Expo Planning team is already working to put together the best event yet, with lots of exciting new activities and features. Look for more detailed information this fall.

In the meantime, mark your calendars and kick off 2012 with some healthy fun. It's a great FREE way to help jumpstart your New Year resolutions with great information and motivation!



When:

Saturday, January 14, 2012
Sunday, January 15, 2012
9am-5pm Both Days

Where:

Walter E. Washington Convention Center
Halls B & C
801 Mount Vernon Place NW
Washington, DC

What:

Come experience hundreds of exhibits, demonstrations, giveaways and more at the largest free consumer health event in the country with close to 200 exhibitors and 87,000+ attendees!

DC COMMISSION WILL MEET IN THE NEW YEAR

DC Commission on Aging will not meet in December. The next Commission on Aging meeting will be Wednesday, January 26, 2011.



DISTRICT OF COLUMBIA COMMISSION ON AGING
500 K Street, N.E
Washington, D.C. 20002
(202) 724-5622