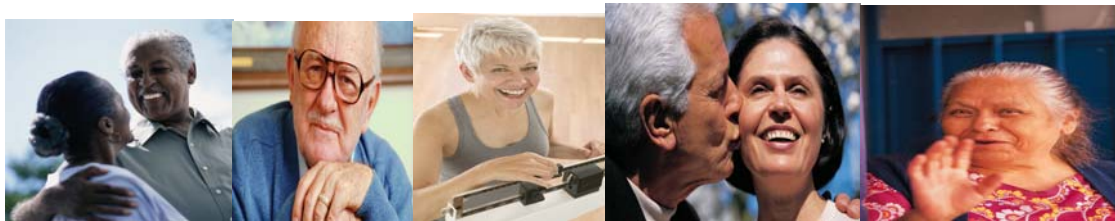


A SNAPSHOT OF THE ELDERLY POPULATION IN WASHINGTON DC



Prepared by
DC Office on Aging
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WHO ARE THEY?

A typical senior would be a black female, 73 years old living at home in a single family home, on a retirement income (mostly social security and/or pension), in a family setting (husband or living with other relatives), utilizing or may need programs and services in order to maintain her independence as she ages. Her major asset would be her home. As her life expectancy expands the chances increase that she may spend some of her remaining years alone and have a chronic disability that may limit her activities of daily living.

ELDERLY POPULATION 60 YEARS AND OLDER (2000-2006)*



Elderly 60 yrs+	Total Population	% of total	
96,838	581, 530	16.6%	(2006 Census Estimate)
91,878	572, 059	16.1%	(2000 Census Estimate)

- Seniors make up (16%) one out of every seven residents. Since 2000, the population 60 years and older increased 5.3%, while the under 60 population increased only 1%.

ELDERLY 60 YEARS AND OLDER BY AGE GROUP (2006)



Age group	Number #	%
• 60- 64 years	25,507	26.3 %
• 65 –74 years	35,965	37.1 %
• 75-84 years	24,596	25.4 %
• 85 years +	10,770	11.1 %

- Since 2000, the fastest growing within the elderly population was those over 80. Today in 2006, the first wave of the baby boomers (those born 1946-1964) is turning 60. The number of people turning 60 will increase almost twice the current rate each year for the next decade.

ELDERLY POPULATION 60 YEARS AND OLDER BY RACE AND SPANISH ORIGIN (2006)



• Black	60,787	62.8 %
• White	29,436	30.4 %
• Asian	1,800	1.8 %
• Native American	285	.3 %
• Other/Two or more Races	713	.7 %
• were of Spanish Origin/Hispanic	3,817	3.9%(not a race) @

- Since 2000, the Hispanic elderly population increased 32 %, White Elderly 15% and the Asian elderly increased 21%.

ELDERLY POPULATION 60 YEARS AND OLDER BY SEX (2006)



Sex	# by Sex	% of total
• Female	57,756	59.6%
• Male	39,082	40.4 %

- As a person over 60 ages, the proportion of women increases, so that 2 out of every 3 seniors over 75 years are women. Black females continue to be the largest group of the elderly population at 42%.

@ Persons of Spanish Origin can be of any race.

* Most of the data taken from the US Census. The latest data was used wherever possible.

WHO DO THEY LIVE WITH?

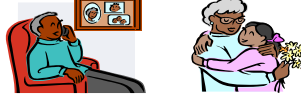
ELDERLY POPULATION 65 YEARS AND OLDER BY MARITAL STATUS (2000)*



Marital Status	Married	65yrs+	% Married
• Married Men	13,551	26,543	51.1
• Married Women	10,516	43,355	24.2

- Of the 69,898 persons 65 years and older In 2000, 53% of men aged 65 years and older were married as opposed to only 24% for elderly women.

ELDERLY HOUSEHOLDS 60 YEARS AND OLDER BY LIVING ARRANGEMENTS (2000)*



Living with:	#	%
• spouse or other relatives*	34,581	50.1
• alone	31,163	45.2
• with non- relatives	3,242	4.7

Half of the elderly lived with relatives and 45% lived alone. There were over 8,000 households in which elderly cared for grandchildren. In addition, there were 2,691 elderly children caring for aging parents. Elderly made up almost one- third of those who lived alone in the city.

ELDERLY PERSON 60 YEARS AND OLDER BY AGE AND WARD (2002)*

Age	60-64	65-74	75-84	85+	Total
Ward One	2,062	2,957	1,943	765	7,727
Ward Two	2,155	3,212	2,104	875	8,346
Ward Three	2,990	4,630	3,961	1,873	13,454
Ward Four	3,532	6,654	4,978	1,742	16,906
Ward Five	3,112	5,890	4,537	1,482	15,021
Ward Six	2,685	4,257	2,765	872	10,579
Ward Seven	3,208	5,378	3,428	1,045	13,059
Ward Eight	2,236	2,942	1,288	322	6,788
TOTAL	21,980	35,920	25,004	8,976	91,880

- Wards Three and Four had the largest number of persons 85 years and older (oldest old). On the opposite end Wards 4 and 7 had the largest number of young seniors (those 60-64).

ELDERLY POPULATION 65 YEARS AND OLDER BY EDUCATIONAL LEVELS FOR (2000)*

	#	%
• 62% high school graduate	43,571	62.2 %
• 24% had at least a bachelors degree	17,082	24.3 %

-Sixty two% of elderly 65 yrs+ had at least a high school diploma and 24% had a bachelors degree or higher. Persons 65 yrs+ had the lowest percent of any adult age group in terms of high school graduation, while those aged 25-34 had the highest (85%).

ELDERLY POPULATION 65 YEARS AND OLDER BY DISABILITIES (2000)**



Of the 66,478 living at home, 28,280 (42.5%) had at least one or more of the following disabilities that limits their activities of daily living:

• Sensory	7,382
• Physical	18,695
• Mental	7,413
• Self Care	7,413
• Going Outside the home	15,726

**Excludes persons living in nursing homes and other group quarters.

A Disability is defined as a long lasting or lifetime conditions: blindness, deafness, or a severe vision or hearing impairment (sensory disability)a condition that substantially limits one or more basic physical activities, such as walking, climbing stairs, reaching, lifting, or carrying (physical disability).

A physical, mental, or emotional condition lasting 6 months or more that made it difficult to perform certain activities: learning, remembering, or concentrating (mental disability); dressing, bathing, or getting around inside the home (self-care disability); going outside the home alone to shop or visit a doctor's office (going outside the home disability).

WHERE DO THEY LIVE?

ELDERLY POPULATION 60 YEARS AND OLDER BY WARDS (2002)*



Ward	Neighborhoods covering:	#	%
1	Adams/Morgan, Columbia Heights, Parkview, LeDriot Park, Mt Pleasant	7,727	8.4
2	Foggy Bottom, Georgetown, Downtown, Dupont Circle, Shaw, Logan Circle	8,346	9.0
3	Chevy Chase, Foxhall, Tenleytown, Cleveland Park, Spring Valley	13,454	14.6
4	Brightwood Park, Upper 16 th Street & Georgia Ave, Takoma, Petworth	16,906	18.4
5	Brookland, Ivy City, Ft. Lincoln, North Michigan Park, Woodridge,	15,021	15.5
6	Capitol Hill, SW Waterfront, Navy Yard, Near NE, Stanton Park,	10,579	11.5
7	Benning Hgts, Ft. Davis, Ft. Dupont, Eastgate, Mayfair, Deanwood	13,059	14.2
8	Congress Hgts, Anacostia, Washington Highlands, Far SE/SW,	6,788	7.4

-The elderly population increased faster in Wards 4, 5 and 7. Ward 4 had the most seniors nearly (17,000). Fifty eight percent of the elderly lived in Northwest Section of the city.

ELDERLY POPULATION 60 YEARS AND OLDER LIVING ALONE BY CENSUS TRACTS AND WARDS WITH 250 OR MORE PERSONS (2000)*

Ward	Census Tract	Living Alone
1	47	407
1	28.02	273
1	36	265
1	43	259
2	1	388
3	7.01	663
3	8.01	550
3	10.01	428
3	13.02	775
4	15	346
4	21.02	303
5	89.04	256
5	90	692
5	91.01	306
5	92.04	267
5	96.03	372
5	88.02	352
6	50	456
6	55	282
6	56	826
6	63.01	649
7/8	76.03	322

Ward 5 had the most census tracts with 250 or more seniors who lived alone. Census Tracts 56 in Ward 6 and Tract 13.02 in Ward 4 had the largest number of seniors living alone.

ELDERLY POPULATION 60 YEARS BY RACE AND WARD (2002)*

	Total	White	Black	Asian	Other Races	Hispanic
Ward 1	7,727	1,601	5,356	163	605	875
Ward 2	8,346	5,260	2,463	362	260	426
Ward 3	13,454	11,700	1,087	395	273	627
Ward 4	16,906	2,958	13,321	115	512	462
Ward 5	15,021	833	13,830	78	279	166
Ward 6	10,579	2,542	7,536	308	194	126
Ward 7	13,059	406	12,456	27	173	76
Ward 8	6,786	233	6,441	38	74	39
TOTAL	91,878	25,533	62,490	1,486	2,370	2,897

- By Wards the largest elderly population for blacks was Ward 5, Whites (3) Asians (3) and Hispanics (1).

HOW DO THEY LIVE?

ELDERLY HEADED HOUSEHOLDS 65 YEARS AND OLDER BY TENURE (2000) **

• Home Owner	29,117	60.0 %
• Renter	19,384	40.0 %

- Seniors have the highest percentage of homeownership than other age groups. Of the 48,501 elderly headed household 60% were owners. This compares to 41% for all households in the District of Columbia. Only 5% (3,756) lived in institutions primarily nursing homes. There are over 8,000 federally subsidized and public housing units in senior apartment projects. The elderly made up 28% of all households.

WASHINGTON DC MEDIAN HOUSEHOLD INCOME BY AGE GROUP IN 1999*

Aged	Household Income
▪ 55-64	\$48,077
▪ 65-74	\$32,356
▪ 75+	\$28,173
▪ All Ages	\$40,127



After the age of 65, the incomes of elderly households drop significantly. In 2000, the median household for all ages was \$40,127. Elderly headed households over the age of 65 were significantly lower. 2006 Census estimate puts the median household income in DC at \$48,917.

ELDERLY 65 YEARS AND OLD BY POVERTY STATUS & LIVING ARRANGEMENT IN 1999**

16% Elderly persons 65 yrs+ below poverty level 10, 887 16% **



Living Arrangement	Number	%
• Living alone	6,253	57.4
• Unrelated Individuals	1,455	13.4
• Relatives	3,179	29.2 %

- At the time of the 2000 Census, the poverty level was \$8,240 living alone, \$11,060 for couple. In 2007, \$10,210 individual, \$13,690 for couple. African Americans make up 84% of elderly below poverty; white only 11% and Hispanic 4%. Persons 65 years and older living alone made up the bulk of the elderly living in poverty (57%).

ELDERLY POPULATION 55 YEARS BY LABOR FORCE STATUS (2000) **



Work status	Number	%
• Unemployed	1,963	5.4%
• Not in labor force	79,911	93.6 %

- Of the 39,656 persons 55 years and older in the labor force, 37,693 were employed. Males made up almost 56% of those persons 55 years and older looking for work. Minority elderly, particularly African Americans made up the bulk of elderly looking for work.

* Most of the data is taken from the US Census. The latest data pertinent to 60 yrs+ was used wherever possible.

** Excludes persons living in nursing homes and other group quarters

WHAT ISSUES & RESOURCES IMPACT THEM?

CAUSE OF DEATH BY SELECTED CATEGORIES (2002)



Heart Disease	1,101	30 %
Cancer	933	25 %
Essentially Hypertension	170	7 %
Cerebrovascular	193	4 %
Diabetes	167	5 %
Influenza	142	3 %
Chronic Lower Respiratory	117	3 %
Alzheimer's Disease	95	2 %
Accidents	88	2 %
Homicide	8	.2 %
HIV/AIDS	7	.2 %
Other Causes	742	20 %

Of the 3,966 elderly deaths in 2002 almost one- third was attributed to heart disease. There were 74,000 Medicare beneficiaries according AARP Public Policy State Profiles Report for 2003.

Source: DC State Health Planning Data Center, 2002

PERSONS UTILIZING PROGRAMS AND SERVICES BY OFFICE ON AGING AND ITS SENIOR SERVICE NETWORK (Fiscal Year 2006)

Counseling	9,010
Home Delivered and Congregate meals	8,000
Legal Services	4,617
Health Promotion, Self Care & Wellness Activities	4,137
Telephone & sessions for health insurance counseling	3,799
Socialization Activities	3,162
Case Management and Assessment	2,761
Essential Transportation	2,026
Nutrition Education	1,562
Body wise Exercises and fitness program	1,512
Caregiver and Respite Services	923
Homemaker/ Alzheimer's Services	545
Employment, training and placement	580
Individual expert nutritional counseling	482
Spanish Senior Center	410
Washington Center Nursing facility	322
Urban Oasis Homeless Senior Center	244
Asian Service Center	237
Geriatric Day Care Services	206
Call N Ride Taxi Cab Vouchers	230

In Fiscal Year 2006, 49,664 seniors participated in one or more programs and services offered through the Office on Aging and its Senior Service Network. The demand for Counseling, Legal Services, and Home Delivered Meals continue to increase more than any other service or program.

ELDERLY POPULATION 65 YEARS AND OLDER PERSONS BY AVAILABILITY OF TRANSPORTATION (2000)**



- had no personal vehicle 21,670
43.0 %
- had one or more personal vehicles
28,660 57.0 %

Almost half of elderly households 65+ (21,670 or 43%) did not have a personal vehicle at their disposal. This means that they had to use public transportation, take a cab or depend on family or friends for transportation.

**Excludes persons living in nursing homes and other group quarters