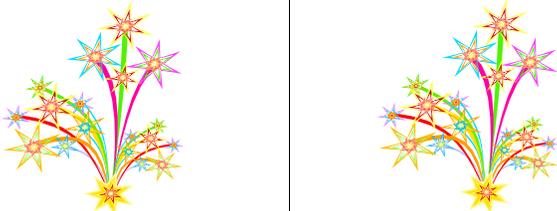


Catholic Charities Enterprises: Halal Congregate Meal Service - July 2013

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">1</p> <p>Lasagna Vegetable Medley Tossed Salad w/ Dressing Garlic Toast Margarine Apple Juice</p>	<p style="text-align: right;">2</p> <p>Beef and Broccoli Brown Rice Tossed Salad w/ Dressing Vegetable Spring Roll Tropical Fruit Cup</p>	<p style="text-align: right;">3</p> <p>BBQ Chicken Wings Vegetable Baked Beans Cole Slaw Spinach Salad w/ Dressing Corn Muffin Margarine Grape Juice</p>	<p style="text-align: right;">4</p> <p style="text-align: center;">HOLIDAY</p> 	<p style="text-align: right;">5</p> <p>Tuna Salad on Croissant Potato Salad Three Bean Salad Caesar Salad w/ Dressing Mayo/Mustard Packets Orange juice</p>
<p style="text-align: right;">8</p> <p>Chicken Tetraxini Manhattan Vegetable Blend Tossed Salad w/ Dressing Wheat Toast Points Margarine Apple Juice</p>	<p style="text-align: right;">9</p> <p>Cheese Burger Mashed Potatoes Lettuce and Tomato Cucumber Salad Wheat Bun Ketchup/Mustard/Mayo Packets Mandarin Oranges</p>	<p style="text-align: right;">10</p> <p>Chicken Cacciatore White Rice Zucchini and Squash Blend Tossed Salad w/ Dressing Whole Grain Bread Margarine Grape Juice</p>	<p style="text-align: right;">11</p> <p>Grilled Salmon Roasted Herb Potatoes Green Beans Spinach Salad w/ Dressing Wheat Roll Margarine Fruit Cup</p>	<p style="text-align: right;">12</p> <p>Egg Salad on Croissant Pasta Salad Vegetable Minestrone Soup Caesar Salad w/ Dressing Mustard/Mayo Packets Orange juice</p>
<p style="text-align: right;">15</p> <p>Salisbury Steak Mashed Potatoes w/ Gravy Broccoli Tossed Salad w/ Dressing Wheat Roll Margarine Apple Juice</p>	<p style="text-align: right;">16</p> <p>Roasted Chicken Rice Pilaf Vegetable Medley Pickled Sliced Beets Whole Grain Bread Margarine Cinnamon Applesauce</p>	<p style="text-align: right;">17</p> <p>Spaghetti with Meatsauce Zucchini Spinach Salad w/ Dressing Garlic Bread Margarine Grape Juice</p> 	<p style="text-align: right;">18</p> <p>Oven Fried Cod Brown Rice Spinach sauteed w/ Garlic Tossed Salad w/ Dressing Corn Bread Margarine Peach Cup</p>	<p style="text-align: right;">19</p> <p>Tuna and Curry Wrap Pasta Salad Three Bean Salad Caesar Salad w/ Dressing Mayonnaise/Mustard Packets Orange juice</p>
<p style="text-align: right;">22</p> <p>Meatloaf Mashed Potatoes w/ Gravy Asparagus Tossed Salad w/ Dressing Wheat Roll Margarine Apple Juice</p>	<p style="text-align: right;">23</p> <p>Oven Fried Chicken Macaroni and Cheese Collard Greens Tossed Salad w/ Dressing Corn Muffin Margarine Applesauce</p>	<p style="text-align: right;">24</p> <p>Grilled Tilapia Roasted Potatoes Broccoli Spinach Salad w/ Dressing Wheat Roll Margarine Grape Juice</p>	<p style="text-align: right;">25</p> <p>BBQ Chicken Vegetarian Baked Beans Cabbage Tossed Salad w/ Dressing Wheat Roll Margarine Tropical Fruit Cup</p>	<p style="text-align: right;">26</p> <p>Turkey Ham and Cheese Sandwich Cole Slaw Bean Soup Caesar Salad w/ Dressing Pumpernickel Rye Bread Mayonnaise/Mustard Packets Orange juice</p>
<p style="text-align: right;">29</p> <p>Oven Fried Haddock Garlic Roasted Potatoes Asparagus Tossed Salad w/ Dressing Wheat Roll Margarine Apple Juice</p>	<p style="text-align: right;">30</p> <p>Chicken Tikka Rice and Chick Peas Spinach Tossed Salad w/ Dressing Flat Bread Margarine Fruit Cup</p>	<p style="text-align: right;">31</p> <p>Spaghetti and Meatballs Zucchini Tossed Salad w/ Dressing Garlic Bread Margarine Grape Juice</p>		

1% Milk served with all meals.