

Catholic Charities Enterprises: Congregate Meal Service - May 2015

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					
4	5	6	7	8	9
<p>Chicken Drumsticks Chicken Drumsticks (2 each) Sweet Potato 1/2-cup Green Beans 1/2-cup Tossed Salad w/ Dressing 1-cup Biscuit 2-oz Margarine Peaches 4-oz</p> <p>Veg: Ratatouille w/ Bulger</p>	<p>Stuffed Cabbage Stuffed Cabbage w/ Tomato Sauce 1-eac Rice Pilaf 1/2-cup Corn 1/2-cup Carrots 1/2-cup Rye Bread 1-oz Margarine 100% Apple Juice 6-oz</p> <p>Veg: Vegetarian Stuffed Cabbage</p>	<p>Herb Crusted Fish Herb Crusted Fish 3-oz Macaroni and Cheese 1/2-cup Okra and Tomatoes 1/2-cup Romaine Salad w/ Dressing 1-cup Dinner Roll 1-oz Tartar Sauce Tropical Fruit Cup 4-oz</p> <p>Veg: ChixLess Nuggets</p>	<p>Chicken Salad on Croissant Chicken Salad 3-oz Croissant 2-oz Broccoli 1/2-cup Sliced Beets 1/2-cup Mayonnaise Packet Vegetable Beef Soup 6-oz, Crackers 2 pk 100% Grape Juice 6-oz</p> <p>Veg: Hummus w/ Cheese</p>	<p>Meatballs with Gravy Meatballs w/ Gravy 3-oz Rice 1/2-cup Cabbage 1/2 cup Salad w/ Dressing 1-cup Dinner Roll 1-oz Margarine Mandarin Oranges 4-oz</p> <p>Veg: Grilled Tofu</p>	<p>Beef and Broccoli Beef and Broccoli 4-oz Fried Rice 1/2-cup Carrots 1/2-cup Green Peas 1/2-cup Egg Roll 2-oz Duck Sauce Fresh Fruit or Fruit Cup 4-oz</p> <p>Veg: Mexican Casserole with Beans</p>
11	12	13	14	15	16
<p>Tuna Macaroni Salad Tuna Macaroni Salad 8-oz Green Peas 1/2-cup Tossed Salad w/ Dressing 1-cup Dinner Roll 1-oz Margarine Mandarin Oranges 4-oz</p> <p>Veg: Macaroni Salad with Egg</p>	<p>Turkey Pot Roast Turkey Pot Roast 3-oz Roasted Potatoes 1/2-cup Collard Greens 1/2-cup Corn Pudding 1/2-cup Biscuit 2-oz Margarine 100% Orange Juice 6-oz</p> <p>Veg: Lentils w/ Roasted Potatoes</p>	<p>Chicken Parmesan Chicken Parmesan 4-oz w/ Tomato Sauce Penne Pasta 1/2-cup Broccoli 1/2-cup Romaine Salad w/ Dressing 1-cup Italian Bread Slice 1-oz Margarine Banana, Fresh</p> <p>Veg: Eggplant Parmesan</p>	<p>Corned Beef and Swiss on Marble Rye Corned Beef 2-oz, Swiss Cheese 1-oz Marble Rye 2-oz Cole Slaw 1/2-cup Green Bean Salad 1/2-cup Mustard Packet Garden Vegetable Soup 6-oz, Crackers 2 100% Apple Juice 6-oz</p> <p>Veg: Falafel w/ Tzataiki</p>	<p>Grilled Chicken Sandwich Grilled Chicken 3-oz Kaiser Roll 2-oz Lettuce and Tomato 1/2-cup Green Bean Salad 1/2-cup Salad w/ Dressing 1-cup Ketchup and Mayonnaise Packets Fruit Cocktail 4-oz</p> <p>Veg: Vegetarian Muffaletta</p>	<p>Crab Cake Crab Cake 3-oz Scalloped Potatoes 1/2-cup Spinach 1/2-cup Biscuit 2-oz Margarine, Tartar Sauce Fresh Fruit or Fruit Cup 4-oz</p> <p>Veg: Tofu and Broccoli</p>
18	19	20	21	22	23
<p>Beef and Broccoli Beef and Broccoli 4-oz Rice 1/2-cup Carrots 1/2 cup Tossed Salad w/ Dressing 1-cup Egg Roll 2-oz Duck Sauce Applesauce 4-oz</p> <p>Veg: Sweet and Sour Edamame</p>	<p>Rotisserie Chicken Rotisserie Chicken 3-oz Pasta Salad 1/2-cup Baked Beans 1/2-cup Yellow Squash 1/2-cup Dinner Roll 1-oz Margarine 100% Grape Juice 6-oz</p> <p>Veg: Grilled Tofu</p>	<p>Meatloaf Meatloaf 3-oz Mashed Potatoes w/ Gravy 1/2-cup Stewed Tomatoes 1/2-cup Romaine Salad w/ Dressing 1-cup Corn Muffin 2-oz Margarine Tropical Fruit Cup 4-oz</p> <p>Veg: Vegetrian Chili</p>	<p>Egg Salad on Kaiser Roll Egg Salad 3-oz Kaiser Roll 2-oz Sliced Cucumbers w/ Vinaigrette 1/2-cup Carrot & Raisin Salad 1/2-cup Lentil Soup 6-oz, Crackers 2 pkts 100% Orange Juice 6-oz</p> <p>Veg: Egg Salad on Bun</p>	<p>Breaded Fish Sandwich Breaded Fish 3-oz Baked Fries 1/2-cup Corn 1/2-cup Wheat Bun 2-oz Ketchup and Tartar Sauce Peaches 4-oz</p> <p>Veg: Vegetarian Burger</p>	<p>Pulled Turkey w/ Gravy Pulled Turkey w/ Gravy 3-oz Mashed Potatoes 1/2-cup Cabbage 1/2-cup Corn 1/2-cup Biscuit 2-oz Margarine Fresh Fruit or Fruit Cup 4-oz</p> <p>Veg: Vegetarian Chili</p>
25	26	27	28	29	30
<p>Memorial Day</p> <p style="text-align: center;"></p>	<p>Crab Cake Sandwich Crab Cake 3-oz Wheat Bun 2-oz Lima Beans 1/2-cup Cole Slaw 1/2 cup Tartar Sauce 1 packet 100% Apple Juice 6-oz</p> <p>Veg: Black Bean Burger</p>	<p>Lasagna Lasagna 8-oz Green Beans 1/2-cup Yellow Squash 1/2-cup Romaine Salad w/ Dressing 1-cup Italian Bread Slice 1-oz Margarine Banana, Fresh</p> <p>Veg: Vegetable Lasagna</p>	<p>Turkey Club on Wheat Bread Turkey, Turkey Bacon 3-oz Wheat Bread 2-oz Lettuce and Tomato 1/2-cup Sliced Beets 1/2-cup Mustard and Mayonnaise Packet Beef and Barley Soup 6-oz, Crackers 2 pk 100% Grape Juice 6-oz</p> <p>Veg: Falafel w/ Tzataiki</p>	<p>Pepper Steak Pepper Steak 3-oz Rice 1/2-cup Brussel Sprouts 1/2-cup Salad w/ Dressing 1-cup Dinner Roll 1-oz Margarine Fruit Cocktail 4-oz</p> <p>Veg: Tofu with Peppers</p>	<p>Chicken Salad on Croissant Chicken Salad 3-oz Croissant 2-oz Carrot and Raisin Salad 1/2-cup Tossed Salad w/ Dressing 1-cup Mayonnaise Fresh Fruit or Fruit Cup 4-oz</p> <p>Veg: Hummus w/ Cheese</p>

1% Milk served with all meals.