

# Get Involved

## **Feb. 5, 12:45-1:20 p.m.**

D.C. Seniors Resources Group networking lunch  
Metropolitan Memorial, 3401 Nebraska Ave. NW  
Contact: Steve Gurney, 703-966-6182, Steve@proaging.com

## **Feb. 6, 8-9 p.m.**

The Village at 2430 K St. NW  
Carol Schwartz book discussion and signing event  
Contact: Peter Sacco, psacco@fbwevillage.org, 202 333-1327

## **Feb. 7, 10:30 a.m.-1:30 p.m.**

Benning Ridge Civic Association's Community  
Health & Resource Fair  
Ridge Road Community Center, 830 Ridge Rd. SE

## **Feb. 10, 11 a.m.-2 p.m.**

Asian & Pacific Islander Senior Center  
Chinese New Year Celebration  
417 G Place NW  
Contact: Kenneth So, 202-842-4376

## **Feb. 14, 10 a.m.-2 p.m.**

Pilgrim Rest Baptist Church, 4611 Sheriff Rd. NE  
Valentine's Day/Black History Event  
Wear African attire or red and white.  
Lunch is included and transportation is provided for  
Community Dining Sites to the event.  
Contact: Robin Gantt, 202-397-7300

## **Feb. 14, 11 a.m.-1 p.m.**

Sadie Hawkins Day Dating Game  
Fort Stevens Recreation Center  
1327 Van Buren St. NW  
Contact: James Thompson, 202-882-1824

## **Feb. 14, 11 a.m.-1:30 p.m.**

Valentine's Day Party: music, games and fellowship  
Sibley Plaza Apartments Community Room  
1140 N. Capitol St. NW  
Contact: Billy Anderson, 202-408-4700

## **Feb. 14**

Ingleside at Rock Creek community presentations  
and workshops  
5121 Broad Branch Rd. NW  
Contact: Michelle High, 202-596-3120, if you live in  
the immediate area

## **Feb. 15, 10 a.m.-noon**

Train to become A DCOA Ambassador  
500 K St. NE  
To register, contact [sadia.ferguson@dc.gov](mailto:sadia.ferguson@dc.gov) or  
202-727-0374

## **Feb. 15, 10:30 a.m.-1 p.m.**

DCOA Health and Wellness Fair  
Bernice Fonteneau Senior Wellness Center  
3551 Georgia Ave. NW  
Contact: Michele Singleton,  
202-727-0338

## **Feb. 16, 10 a.m.-2 p.m.**

DCOA Health and Resource Fair  
Hattie Holmes Senior Wellness Center  
324 Kennedy St. NW  
Contact: Teresa Moore, 202-291-6170

## **Feb. 17, 2-6 p.m.**

Sip & Print with Gail Shaw-Clemons, printmaker -  
Join us for a free Sip & Print  
Enjoy refreshments, learn about the printmaking process,  
and benefit from the joys of art making — all in the company  
of friends!  
Iona Senior Services  
4125 Albemarle St. NW  
RSVP to 202-895-9407 or online: [www.iona.org](http://www.iona.org)

## **Feb. 19, 10:30 a.m.-1:30 p.m.**

DCOA Health and Resource Fair  
Congress Heights Senior Wellness Center  
3500 Martin Luther King, Jr. Ave. SE  
Contact: Regina Jeter,  
202-563-7225

## **Feb. 20, 10:30-11:30 a.m.**

An Approach to Living Well: discussion on care for the  
caregiver, wills and right-sizing your home  
First Baptist Church Senior Center  
712 Randolph St. NW, Ida Clark Hall  
Contact: Barbara Stannard,  
202-723-4313

## **Feb. 20, 11 a.m.-noon**

AARP Medicare Patrol: Get your questions about Medicare  
answered.  
Greenleaf Apartments Community Room  
1200 Delaware Ave. SW  
Contact: Lavelle Ginyard, 202-554-3100

## **Feb. 20, 1-2 p.m.**

Puzzle-Thon: competitive groups puzzles. Winners will be  
featured on Facebook and will receive prizes.  
Downtown Cluster's Geriatric Day Care Center  
926 11th St. NW  
Contact: Thomye Cave, 202-347-7527,  
[tcave@dcgeriatric.org](mailto:tcave@dcgeriatric.org).

## **Feb. 22, 11 a.m.-2 p.m.**

Join TERRIFIC, Inc for a tour of the newly opened Museum of  
the Bible. Transportation may be provided from senior sites.  
Contact: Sandra Burley, 202-595-1912, ext. 102.

## **Feb. 24, 1-4 p.m.**

Kingdom Care Senior Village writing workshop:  
an introduction to writing your ideas.  
Greater Fellowship Church, 814 Alabama Ave. SE.  
Contact: Mary Moses, 202-442-1753.

## **Feb. 26**

Washington Seniors Wellness Center takes a trip to see the  
play *The Great Society*, about LBJ and the war on poverty at  
Arena Stage. Transportation provided from center. Contact:  
Dr. K, 202-581-6019

## **Feb. 28, 10:30 a.m.-2 p.m.**

D.C. Office on Aging & Partners serve residents of Central  
Union Mission. Contact: Shirley Johnson, 202-647-7466

## **Monday, Tuesdays and Wednesdays,**

### **10:30-11:30 a.m.**

So Others Might Eat (SOME) has partnered with DPR's  
Hillcrest Recreation Center to provide SOME Senior Center  
participants access to weekly recreational activities.  
Activities include line dancing, chair and balance aerobics,  
open gym, and a walking club. FREE Transportation is  
provided from SOME's Senior Center to  
Hillcrest Recreation Center, and back.  
To enroll, contact Denise Stoney, 202-797-8806, ext. 1301