

DISTRICT OF COLUMBIA OFFICE ON AGING NEWS



Spotlight on Community Living

Wednesday, August 6, 2014

Serving D.C. residents who are age 18+ with a disability or age 60+ and their caregivers

Vol 2, No 10



Executive Director's Message

John M. Thompson, Ph.D., FAAMA, D.C. Office on Aging

In this issue of the **Spotlight on Community Living**, I would like to profile Mr. Shelton

Roseboro, one of the District's most amazing citizens who has benefited from the District of Columbia Office on Aging's programs and services. In addition to telling you a little about Mr. Roseboro, I

would like to increase the public's awareness, including employers, about the benefits of hiring older adults.

Shelton Roseboro is 58 years of age and spent 15 years working at the Library of Congress (LOC) as a microphotographer. In his position, he was responsible for photographing every piece of the library's collection. You can imagine that with 15 years of experience, Mr. Roseboro became an expert in his job. As a microphotographer, he was a highly effective, dependable employee who performed his daily tasks with

pride. In fact, the LOC honored Mr. Roseboro with two incentive awards: one for quality and one for quantity. For the quality award, he was recognized for producing 22,000 exposures in approximately four to five weeks with only two re-makes. Yes, you heard it correct! He only made two mistakes out

of a 22,000 item production. That is remarkable! For the quantity award, he produced 3,200 images in one day and the standard for production was 1,750. This is very impressive, as well!

As the saying goes, "All good things come to an end." Because of the technology age, the LOC went from microphotography to digitizing all of its collection. Subsequently, this led to a reduction in force and Mr. Roseboro being released from employment with the federal government.

For the next 14 years, Mr. Roseboro was not in a ca-

reer position, but instead, he took various jobs just to pay his bills. He worked jobs in security, retail, and transportation, which were totally different from his work with the Library of Congress.

Fortunately, Mr. Roseboro connected with the Office on Aging in 2013 and I referred him to our Older Workers Employment and Training Program. After a short intake process, we put him in touch with our sister agency, the Office of the Chief Technology Officer (OCTO), under the leadership of Mr. Rob Mancini. At that time, OCTO was piloting an older workers employment program and was in search of potential candidates who wanted to return to work. The job duties consisted of managing the front desk, greeting customers, scheduling the use of their conference rooms, and addressing facility issues. In essence, these employees were to become the liaisons between the internal stakeholders, OCTO, and its external customers.

Although Mr. Rose-

boro was excited about a fresh job opportunity, he was a bit reluctant to join OCTO because he was intimidated about using technology. However, he knew that this was his chance to return to government work and to be an asset to his employer. Today, Mr. Roseboro has been with OCTO for approximately 18 months and is thoroughly enjoying his job. In a recent conversation with Mr. Roseboro, I learned that he has become very comfortable with using technology as he has started his own blog and website and is now using Facebook and Twitter.

It is very amazing to see how Mr. Roseboro has grown professionally and personally in the last 18 months. This is not only a win for him, but also for the government as he is giving the government his talent and strong work ethic. Older workers, like Mr. Roseboro, are a huge asset for their employers. Job Search Training Systems, Inc. revealed that workers 55 years

of age and older have a higher motivation rate as compared to individuals 18 to 29 years of age. Moreover, older workers have longer work histories and performance patterns, which are useful for employers to check into their backgrounds. Having had more years in the work world, older workers are more experienced with problem-solving and decision-making and have other transferrable skill sets that are very beneficial to employers.

If you are a senior and are looking for employment, you may be able to relate to Mr. Roseboro's experience. I encourage you to connect with the Office on Aging's Older Workers Employment and Training Program (OWETP) at 202-724-5626. If you are an employer seeking talented, experienced professionals, I urge you to connect with OWETP, as well. We have a number of older citizens seeking employment and I am confident that they can be an awesome addition to your team! ~



THE 2014 MS. SENIOR D.C. PAGEANT HAS CROWNED A WINNER!

Congratulations to Ms. Senior D.C. Toni Jackson, the ward four resident competed for the title and the opportunity to represent the District of Columbia at the Ms. Senior America Pageant in Atlantic City, NJ. Pictured left to right Billye Jean Dent Armstrong; Annie Cayaban Wilderman, Ms. Congeniality; Vernelle Cousins Hamit, First Runner-up, Best Evening Gown; Ms. Senior D.C. Toni Jackson, Best Salesperson; Billie LaVerne Smith, First Runner-up, Best Talent; Nancy A. Berry, Ms. Senior D.C. 2013; Janice C. Rice. Escorts left to right, Dr. Johnathan Johnson, Jess Gatchalean, Marcus Shea Taylor, Anthony Matthews, Jimmy Gross and James Thompson. The Ms. Senior D.C. Pageant is presented by the D.C. Seniors Cameo Club, the D.C. Office on Aging and the Office on Aging Senior Service Network. ~





COMMUNITY EVENTS CALENDAR

AUGUST EVENTS

3rd • Noon to 6 p.m.

The Fifth Annual D.C. African Festival will take place at the Ronald Reagan Building and International Trade Center, Woodrow Wilson Plaza, 1300 Pennsylvania Ave. NW. Enjoy music, food, entertainment, storytelling, art a parade of flags and more. African attire is encouraged.

4th • 10 to 11:30 a.m.

Iona Senior Service's Early-Stage Memory Loss Support Group meets the first Thursday of each month. The group is for individuals diagnosed with early-stage memory loss and their family and friends. The fee is \$15 per session. Limited scholarships are available. Call 202-895-9448 for a screening interview and to register. Iona is located at 4125 Albemarle St. NW

5th • 5 to 8 p.m.

Celebrate National Night Out at the citywide kickoff at H.D. Woodson High School, 540 55th St. NE. To learn more, visit <http://mpdc.dc.gov/page/national-night-out> or call 202-727-9099.

9th • 11 a.m. to 3 p.m.

Join in the activities at the MedStar Family Choice Family Fun Day at Shepherd Park (Intersection of Martin Luther King Avenue and Malcom X Avenue, SE). For more information, contact Alice Thompson at 202-535-1321.

12th • 2 to 4 p.m.

Learn about promising developments that can enhance well-being and ongoing enjoyment of life as you age. At an Iona Senior Services program led by geriatrician E. Gordon Margolin, review

the issues of diet, exercise, medical and mental care, and emotional/attitudinal adjustments that are said to keep life "worthwhile" and discuss the issues of applying the best current knowledge to these endeavors. The free session will be held at 4125 Albemarle St., NW.

13th • 11:30 a.m.

A presentation about financial abuse will be presented by the U.S. Attorney's Office at the Kibar Nutrition Site, 1519 Islamic Way (4th Street) NW. For more information contact Vivian Grayton at (202) 529-8701.

14th • 11:30 a.m.

The Delta Towers Nutrition Site will hold a town hall meeting at 1400 Florida Ave. NE. For more information contact Vivian Grayton at (202) 529-8701.

16th • 10 a.m. to 2 p.m.

The Hattie Holmes Senior Wellness Center will hold its Annual Family & Friends Day/Open House. The center is located at 324 Kennedy St. NW. Call 202-291-6170 for more information.

16th • 11 a.m. to 7 p.m.

Join in the Broccoli City Fest, a festival that celebrates healthy living, at the St. Elizabeth's East Gateway Pavilion, 1100 Alabama Ave. SE. For more information, contact Alice Thompson at 202-535-1321.

16th • 11 a.m. to 4 p.m.

A health fair will be held at the Nigerian Embassy, 3519 International Court. For more information, contact Alice Thompson at 202-535-1321.

19th • 11 a.m.

Learn about rodent control at a presentation by the Dept. of Health at the Petersburg Senior Nutrition Site, 3298 Ft. Lincoln Dr. NE. For more information contact Vivian Grayton at (202) 529-8701.

21st • 10 a.m.

Train to be a DCOA Ambassador. Ambassadors help the Office on Aging reach more residents with programs and services. If you are interested in making a difference in the community, call to register at 202-724-5622 or visit our website for more information, www.dcoa.dc.gov.

Come to the Center for the Blind and Visually Impaired's Friends Day. The center is located at 2900 Newton St. NE. For more information contact Vivian Grayton at (202) 529-8701.

THE DISTRICT OF COLUMBIA 2014 REAL PROPERTY TAX SALE

The Office of Tax and Revenue has just completed the 2014 tax sale, which started July 14. Homeowners who received a notice of tax sale—or who are not sure whether their home was included in the tax sale—should seek assistance immediately. The District provides a six-month grace period to homeowners after the tax sale. By acting now, residents can save their property and avoid additional legal fees and expenses which may come due after six months. For assistance, contact Legal Counsel for the Elderly's Hotline at 202-434-2120. ~

Congresswoman Eleanor Holmes Norton held her Senior Legislative Day at Dunbar Senior High School. Nearly 200 seniors were present and received a tour of the new building and legislative updates. Commissioners on Aging Nathaniel Wilson, Jacqueline C. Arguelles, Chairperson Romaine Thomas and Vice Chairperson Ron Swanda are pictured here with Congresswoman Eleanor Holmes Norton and DCOA Executive Director John M. Thompson.



BEFORE THE AGE-FRIENDLY DC STRATEGIC PLAN IS FINALIZED IN SEPTEMBER, GET INVOLVED!

1 Attend a Community Meeting. During the month of August, there will be a series of community meetings across the city. It's your chance to give input and feedback on the draft Age-Friendly DC Strategic Plan.

DATE: Saturday, August 16, 10 a.m. – 12 p.m.
LOCATION: Department of Consumer and Regulatory Affairs
1100 4th Street, Room E200

DATE: Wednesday, August 20, 6 - 8 p.m.
LOCATION: Savoy Elementary School
2400 Shannon Place SE, Gymnasium

DATE: Tuesday, August 26, 8:30 – 10:30 a.m.
LOCATION: John A. Wilson Building
1350 Pennsylvania Ave NW, Room G-9

2 Volunteer to Walk your neighborhood. Neighborhood Ambassadors – residents familiar with their Single Member District (SMD) – are needed to guide volunteers completing the neighborhood surveys. Sign up today by registering at www.surveymonkey.com/s/agefriendlydcwalk0914 or call Gail Kohn, Age-Friendly DC Coordinator, at 202-727-2736.

SPOTLIGHT ON COMMUNITY LIVING

Spotlight on Community Living is published by the External Affairs and Communications unit of the D.C. Office on Aging.

Advertising contained in the Current is not endorsed by the D.C. Office on Aging or by the publisher. The D.C. Office on Aging is responsible for developing and carrying out a comprehensive and coordinated system of health, nutrition, education, employment, training, and social services for the District's elderly population, who are 60 years of age and older. The Office on Aging also administers the Aging and Disability Resource Center, a one-stop shop resource center, designed to assist seniors, persons with disabilities 18 years of age and older and family caregivers navigate the long-term services and supports system.

500 K Street, NE, Washington, D.C. 20002
202-724-5622 • www.dcoa.dc.gov
John M. Thompson, Ph.D., FAAMA
Executive Director

In accordance with the D.C. Human Rights Act of 1977, as amended, D.C. Official Code Section §§2-1401.01 et seq., (Act), the D.C. Office on Aging does not discriminate on the basis of actual or perceived: race, color, religion, national origin, sex, age, marital status, personal appearance, sexual orientation, gender identity or expression, familial status, family responsibilities, matriculation, political affiliation, genetic information, disability, source of income, or place of residence or business.

Sexual harassment is a form of sex discrimination which is prohibited by the Act.

In addition, harassment based on any of the above protected categories is prohibited by the Act.

Discrimination in violation of the Act will not be tolerated. Violators will be subject to disciplinary action.

DCOA IS SEEKING VOLUNTEERS FOR ITS INTERGENERATIONAL PROGRAM

Are you interested in volunteering to be a part of D.C. Office on Aging's Intergenerational Program? Do you have what it takes to make an impact?

DCOA is currently seeking seniors interested in volunteering to build relationships with, mentor, and guide the District's youngest learners in District of Columbia Public Schools' (DCPS) early childhood classrooms. For more information on volunteering, please contact us at 202-724-5622 or send us an e-mail at DCOA@dc.gov. ~