

6oz Berry Juice, Daily Items: 1/2c Salad dressing w/Garden Salads

Monday	Tuesday	Wednesday	Thursday	Friday
	1 3oz Baked Fish 1/2c Macaroni & Cheese 1/2c Green Beans 1/2c Pears 1 corn Muffin 8oz Milk 1% 1tb margarine	2 3oz Meat Balls w/ tomato sauce 1/2c Spinach 1/2c Spaghetti 1/2c Peaches 1 sl Wheat Bread 8oz Milk 1% 1tb margarine	3 3oz Chicken Pattie w/ketchup 1/2c Yellow squash 1/2c Kale greens 1 Fresh Orange 1 sl Wheat Bread 8oz Milk 1% 1tb margarine	4 3oz Baked Fish Square 1/2c Vegetarian Baked Beans 1/2c Mixed Greens 1/2c Pineapple crused 1 Bun 1pk mustard /ketchup 8oz Milk 1 %
7 3 oz Chicken Salad 1/2c Glazed Carrots 1/2c Green Beans 1/2c Fruit Cup 1 ea Bun 8oz Milk 1%	8 3 oz Meat Loaf w/Gravy 1/2c Fresh Steam Cabbage 1/2 c Buttered Mashed Potatoes 1/2c Diced Pears 1 sl Wheat Bread Milk 1% 1tb Margarine	9 3oz Baked Chicken Breast 1/2c Collard Greens 1/2 c Potato Salad 1/2c Yogurt 1sl Wheat bread 8oz Milk 1% 1tb margarine	10 3 oz Baked Fish 1/2c Broccoli Spears 1/2c Spanish Rice 1/2c Crushed Pineapple 1sl Wheat Bread 8oz Milk 1% 1tb margarine	11 3 oz Beef Pattie w/green peppers 1/2c Seasoned Red Potatoes 1/2c Coleslaw 1 Fresh Orange 1 sl Wheat Bread 8oz Milk 1 % 1tb margarine
14 3oz Baked Chicken w/ Gravy 1/2c Baked Sweet Potatoes 1/2c Kale Greens 1/2c Peaches 1 sl Wheat Bread 8oz Milk 1% 1tb margarine	15 3 oz Baked Turkey 1/2 c Macaroni Salad 1/2 c Vegetable Medley 1/2 c Tropical Fruit 1 sl Wheat Bread 8oz Milk 1% 1tb margarine	16 3oz BBQ Baked Chicken 1/2c Escallops Potatoes 1/2c Spinach 1 Fresh Banana 1 sl Wheat Bread 8oz Milk 1% 1tb margarine	17 3 oz Baked Pork Loin w/gravy 1/2c Fresh Steam Cabbage 1/2c Red Beans & Rice 1/2c Baked Apples 1 sl Wheat Bread 8oz Milk 1% 1tb margarine	18 3 oz Fancy Tuna Salad 1/2 c Veggie Pasta Salad 1/2c Carrot & Raisin Pineapple Salad 1 Fresh Orange 6 Wheat Crackers 8oz Milk 1 %
21 3 oz Lemon Baked Chicken Breast 1/2c Kale Greens 1/2c Yellow Rice 1/2 c Pears 1sl Wheat Bread 8oz Milk 1% 1tb margarine	22 3 oz Baked Turkey Wings 1/2c Candied Yams 1/2c Collard Greens 1/2 c Fruit Coaktail 1 sl Wheat Bread 8oz Milk 1% 1tb margarine	23 3oz Fish Square w/tartar sauce 1/2c Buttered Mashed Potatoes 1/2c Green Beans 2 Oatmeal Cookies 1 sl Wheat Bread 8oz Milk 1% 1tb margarine	24 3 oz Italian Sausage 1/4 c Green Peppers 1/2c Mixed Greens 1/2 c Vegetarian Baked Beans 1/2c Orange Sherbert 8oz Milk 1 Bun	25 3 oz Diced Chicken/Macaroni Salad 1/2c Oriental Vegetables 1/2c Yellow Squash 1 Fresh Orange 6 Wheat Crackers 8oz Milk 1 %
28 Memorial Day Holiday	29 3 oz Grilled Turkey Burger 1/2 c Pickled Beets 1/2 c Mixed Greens 1/2 c Apple Sauce w/raisins 1 Bun 1pk Ketchup/Mustard 8 oz Milk 1%	30 3oz Spaghetti w/Meat Sauce 1/2 c Fancy Garden Salad 1 Corn Cobbett 1/2 c Spinach 1/2 c Fruit Coctail 1 sl Wheat Bread 8 oz Milk 1% 1 tb margarine	31 3 oz Baked Chicken Leg 1/2 c Red Beans & Rice 1/2 c Collard Greens 1/2 c Mixed Melon Cubes 1 sl Wheat Bread 8 oz Milk 1% 1 tb margarine	