

Catholic Charities Enterprises: Congregate Meal Service - November 2013

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Turkey and Cheese Sandwich Macaroni Salad Carrot Raisin Salad Cobb Salad w/ Dressing Marble Rye Bread Mayonnaise/Mustard Packet Orange juice</p> <p>Vegetarian: Hummus and Veggie Sandwich</p>
<p>4</p> <p>Meatloaf w/ Gravy Roasted Potatoes Carrots Tossed Salad w/ Dressing Corn Muffin Margarine Apple Juice</p> <p>Vegetarian: Veggie Patty</p>	<p>5</p> <p>Herb Crusted Baked Fish Rice Pilaf Spinach Corn Salad Rye Bread Slice Margarine Tropical Fruit Cup</p> <p>Vegetarian: Tofu Scramble</p>	<p>6</p> <p>Sloppy Joe Potato Wedges Squash Medley Caesar Salad w/ Dressing Wheat Bun Mayonnaise, Mustard, Ketchup Packet Grape Juice</p> <p>Vegetarian: Sloppy Joe w/ Veggie Crumbles</p>	<p>7</p> <p>Chicken Salad Pasta Salad Green Bean Salad Split Pea Soup Crackers Mayonnaise/Mustard Packet Applesauce</p> <p>Vegetarian: ChixLess Salad</p>	<p>8</p> <p>Salisbury Steak w/ Gravy Mashed Potatoes Collard Greens Cobb Salad w/ Dressing Multigrain Bread Slice Margarine Orange juice</p> <p>Vegetarian: BeefLess Patty w/ Veggie Gravy</p>
<p><u>VETERANS DAY</u></p> 	<p>11</p> <p>Teriyaki Chicken Fried Rice Oriental Blend Vegetables Cucumber Salad Raisin Bread Slice Margarine Banana</p> <p>Vegetarian: Teriyaki ChixLess Nuggets</p>	<p>12</p> <p>Meatsauce Spaghetti Green Beans Caesar Salad w/ Dressing Breadstick Margarine Grape Juice</p> <p>Vegetarian: Sweet and Sour Tofu</p>	<p>13</p> <p>Stuffed Chicken w/ Gravy Roasted Potatoes Capri Blend Vegetables Tomato Basil Soup Crackers Margarine Fruit Cup</p> <p>Vegetarian: ChixLess Patty w/ Veggie Gravy</p>	<p>14</p> <p>Turkey Burger Steak Fries Squash Medley Cobb Salad w/ Dressing Whole Wheat Bun Ketchup/Mustard Packets Orange juice</p> <p>Vegetarian: BeefLess Patty</p>
<p>18</p> <p>Egg Salad on Croissant Macaroni Salad Carrot Raisin Salad Tossed Salad w/ Dressing Croissant Mayo/Mustard Packets Apple Juice</p> <p>Vegetarian: ChixLess Teriyaki</p>	<p>19</p> <p>Beef and Broccoli White Rice Oriental Vegetables Pickled Sliced Beets Pumpnickel Slice Margarine Banana</p> <p>Vegetarian: Cheese Ravioli w/ Marinara</p>	<p>20</p> <p>Turkey Chop Mashed Potatoes w/ Gravy Mixed Vegetables Caesar Salad w/ Dressing Corn Muffin Margarine Grape Juice</p> <p>Vegetarian: ChixLess Patty w/ Gravy</p>	<p>21</p> <p>Baked Chicken Sweet Potatoes Spinach Beef and Barley Soup Crackers Margarine Peach Cup</p> <p>Vegetarian: Egg Salad</p>	<p>22</p> <p>Baked Fish Wild Rice Pilaf Green Beans Cobb Salad w/ Dressing Multigrain Bread Slice Margarine Orange juice</p> <p>Vegetarian: Veggie Patty w/ Gravy</p>
<p>25</p> <p>Grilled Chicken Sandwich Corn Squash Medley Tossed Salad w/ Dressing Wheat Bun Mayo/Ketchup Packet Apple Juice</p> <p>Vegetarian: ChixLess Sandwich</p>	<p>26</p> <p>Roast Turkey w/ Gravy Macaroni & Cheese Green Beans Carrots Whole Wheat Dinner Roll Margarine Banana</p> <p>Vegetarian: BeefLess Strips w/ Gravy</p>	<p>27</p> <p>Shredded BBQ Chicken Roasted Potatoes Broccoli Caesar Salad w/ Dressing Corn Muffin Margarine Grape Juice</p> <p>Vegetarian: BBQ Tofu</p>	<p><u>THANKSGIVING DAY</u></p> 	<p><u>HOLIDAY</u></p> 

1% Milk served with all meals.