DC OFFICE ON AGING - BOX LUNCH SCHEDULE FOR ALL SITES

JULY AND AUGUST 2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DUTCH MILL CATERING				
* Chefs Salad Crispy Salad Greens Served With Sliced Turkey, American Cheese, Grape Tomatoes, Cucmbers & Hard Boiled Egg. *Dinner Roll *Cucumber Salad *6 oz. Juice *8 oz. 1% Milk	* Tuna Salad Sandwich On Whole Wheat With Lettuce And Tomato. * Pasta Salad * Green Salad * 8oz 1% Milk * 6 oz. 100% Juice	*Lemon Caper Fettucine With Grilled Chicken *Black Bean And Corn Salad * Grilled Marinated Vegetables * Roll *8 oz. 1% Milk * 6oz. 100% Juice	* Turkey Bacon B.L.T. Served On Whole Wheat Bread With Lettuce And Tomato. *Orzo Pasta Salad *Marinated Green Beans * 8 oz. 1% Milk * 6 oz. 100% Juice	* Grilled Chicken Caesar Wrap Sandwich * Cous Cous Salad *Marinated Brocolli * 8 oz. milk * 6 oz. 100% Juice
Vegetarian Option * Garbanzo Bean & Asparagus Salad. * Cous Cous Salad * Cucmber Salad * 8 oz. 1% Milk * 6 oz. 100% Juice	*Vegetarian Option*** * Asian Tofu And Spinach Salad. Topped With Orange Slices, Crispy Noodles With Dressing. * Potato Salad * 8oz. 1% Milk * 6 oz. 100% Juice	***Vegetarian Option*** * Marinated Grilled Veggies * Black Bean And Corn Salad * Hummus * 8 oz. 1% Milk * 6 oz. 100% Juice	***Vegetarian Option*** * Egg Slad Plate * Small Green Salad * Hard Boiled Egg * Pasta Salad * Crackers * 8 oz. 1% Milk * 6 oz. 100% Juice	**Vegetarian Option*** * Eggplant & Mozzaralla Roll up Sandwich. * Green Salad * Cole Slaw * 8 oz. milk * 6 oz. 100% Juice