

Catholic Charities Enterprises: Congregate Meal Service - April 2013

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Beef Chili Baked Potato w/ Sour Cream Squash Medley Tossed Salad w/ Dressing Biscuit Margarine Apple Juice</p> <p>Vegetarian: Vegetarian Chili</p> 	<p>2</p> <p>BBQ Chicken Macaroni and Cheese Spinach Corn Salad Italian Bread Slice Margarine Baked Apple</p> <p>Vegetarian: BBQ Tofu</p>	<p>3</p> <p>Pepper Steak Wild Rice Blend Winter Blend Vegetables Spinach Salad w/ Dressing Whole Grain Bread Slice Margarine Grape Juice</p> <p>Vegetarian: BeefLess Strips w/ Gravy</p>	<p>4</p> <p>Pulled Chicken w/ Gravy Egg Noodles Mixed Vegetables Italian Wedding Soup Crackers Margarine Tropical Fruit Cup</p> <p>Vegetarian: ChixLess Nuggets and Dumpling</p>	<p>5</p> <p>Turkey Pot Roast Sweet Potatoes Green Beans Caesar Salad w/ Dressing Corn Muffin Margarine Orange juice</p> <p>Vegetarian: Veggie Burger</p> 
<p>8</p> <p>Beef Stew Roasted Potatoes Broccoli Tossed Salad w/ Dressing Biscuit Margarine Apple Juice</p> <p>Vegetarian: BeefLess Stew</p>	<p>9</p> <p>Crab Cake Warm Pasta Salad Squash Medley Cole Slaw Italian Bread Slice Margarine Fruit Cup</p> <p>Vegetarian: Pasta Primavera</p>	<p>10</p> <p>Orange Chicken Fried Rice Oriental Blend Vegetables Spinach Salad w/ Dressing Whole Grain Bread Slice Margarine Grape Juice</p> <p>Vegetarian: Orange ChixLess Nuggets</p>	<p>11</p> <p>Salisbury Steak w/ Gravy Mashed Potatoes Carrots Chicken Noodle Soup Crackers Margarine Mandarin Oranges</p> <p>Vegetarian: BeefLess Burger w/ Gravy</p>	<p>12</p> <p>Baked Fish with Herb Sauce Parslied Egg Noodles Asparagus Tips Caesar Salad w/ Dressing Corn Muffin Margarine Orange juice</p> <p>Vegetarian: Tofu Scramble</p>
<p>15</p> <p>Baked Chicken w/ Gravy Collard Greens Black-eyed Peas Tossed Salad w/ Dressing Corn Muffin Margarine Apple Juice</p> <p>Vegetarian: ChixLess Patty w/ Gravy</p>	<p>16</p> <p>Emancipation Day</p> 	<p>17</p> <p>Beef Meatballs in Tomato Sauce Spaghetti Cauliflower Broccoli Blend Spinach Salad w/ Dressing Italian Bread Slice Margarine Grape Juice</p> <p>Vegetarian: Pasta w/ Veggie Crumbles</p> 	<p>18</p> <p>Roast Turkey w/ Gravy Mashed Potatoes Green Beans Split Pea Soup Crackers Margarine Cinnamon Applesauce</p> <p>Vegetarian: Curry Tofu</p> 	<p>19</p> <p>Oven Fried Chicken (2 ea) Macaroni and Cheese Okra and Tomatoes Caesar Salad w/ Dressing Corn Muffin Margarine Orange juice</p> <p>Vegetarian: ChixLess Nuggets</p>
<p>22</p> <p>Meatloaf w/ Gravy Baked Potato w/ Sour Cream Carrots Tossed Salad w/ Dressing Whole Grain Bread Slice Margarine Apple Juice</p> <p>Vegetarian: Veggie Patty</p>	<p>23</p> <p>Herb Crusted Baked Fish Rice Pilaf Cabbage Cucumber Salad Italian Bread Slice Margarine Tropical Fruit Cup</p> <p>Vegetarian: Sweet and Sour Tofu</p> 	<p>24</p> <p>Philly Cheesesteak Potato Salad Squash Medley Spinach Salad w/ Dressing Sub Roll Mayonnaise, Mustard Packet Grape Juice</p> <p>Vegetarian: Roasted Vegetables on Sub</p>	<p>25</p> <p>Chicken Piccata Linguini Sweet Peas Minestrone Soup Crackers Margarine Baked Apple</p> <p>Vegetarian: ChixLess Piccata</p>	<p>26</p> <p>BBQ Beef Ribs Baked Beans Collard Greens Caesar Salad w/ Dressing Corn Muffin Margarine Orange juice</p> <p>Vegetarian: BBQ BeefLess Patty</p>
<p>29</p> <p>Teriyaki Chicken Fried Rice Oriental Blend Vegetables Tossed Salad w/ Dressing Whole Grain Bread Slice Margarine Apple Juice</p> <p>Vegetarian: ChixLess Teriyaki</p> 	<p>30</p> <p>Beef Meatsauce Cheese Ravioli Green Beans Pickled Sliced Beets Italian Bread Slice Margarine Mandarin Oranges</p> <p>Vegetarian: Cheese Ravioli w/ Marinara</p>			