

Caregiver Information

Caring From A Distance (CFAD)

Caring From a Distance is a nonprofit organization that helps distance caregivers determine their needs and tasks. Connect distance caregivers directly with local service providers and educate. Phone: (202) 895-9465

DC Caregivers' Institute

The District of Columbia Caregivers' Institute supports unpaid caregivers residing in the District of Columbia who have primary responsibility for older, vulnerable DC residents. The Institute is designed to act as a one-stop resource to help caregivers make critical decisions, develop and implement a caregiver support plan, advocate for themselves and the older person, and participate in activities designed for personal rejuvenation. Telephone: (202) 464-1513