

Advocacy

AARP

A nonprofit, nonpartisan membership organization that helps people 50+ have independence, choice and control in ways that are beneficial and affordable to them and society as a whole. Phone: (202) 434-2120 or (800) 424-3410.

DC Department of Human Services Developmental Disabilities Council

Promotes and engages in systems or process changes, capacity building and advocacy activities. All are designed to achieve independence, productivity, integration and community inclusion of individuals with intellectual and developmental disabilities. Phone: (202) 671-4200

DC Department on Disability Services (DDS)

Training and support for people with developmental disabilities so that they can gain employment, start a business, volunteer, attend senior citizens programs or receive support throughout the day. DDS also provides temporary relief for the family, in-home and community support, emergency response systems, and home and vehicle modification assistance. Phone: (202) 730-1700.

DC Long-Term Care Coalition

Brings together consumers, advocates and health care providers to work with the District government to create a range of quality and affordable long term care services so that District adults with chronic care needs can remain in their homes and in the community. Phone: (202) 895-9435.

DC Long-Term Care Ombudsman Program

The DC Long Term Care Ombudsman advocates on behalf of older residents of the District of Columbia who are residing in nursing homes and board and care homes. The Ombudsman is also the legal representative for each nursing home resident facing involuntary removal from long term care facilities. Phone: (202) 434-2140.

DC Office of Disability Rights (ODR)

For investigation into and resolution of disability access problems and disability discrimination issues in the District of Columbia. Phone: (202) 724-5055.

National Family Caregivers Association (NFCA)

For information on how to talk with your family and friends about long-term care. Phone: (800) 896-3650.

New Lifestyles

Bi-annual guide to senior residences and care options in DC, Maryland and Virginia. This includes community residence facilities, retirement and assisted living homes, etc. Phone: (800) 869-9549.